



Welcome to issue 3 of the KFF Newsletter. There have been a number of very successful events since the last issue but time constraints mean that the reports on them will be held over until the next issue. Sorry. the Ed.

First, the bad news: the Committee was disturbed to received a complaint from a visiting club that they arrived at High House on Friday 1st July to find the stove full of ash, warm but not alight. It is clear that some members had used the Hut during the week and had not cleared the stove out. There were no signatures in the visitors book. We rely on the goodwill of our visitors and behaviour like this puts that at risk. Please ensure that you (a) do all the cleaning expected of you when you leave and (b) sign the book.

### Evening Walk/Climb Tuesday 21st April 2016

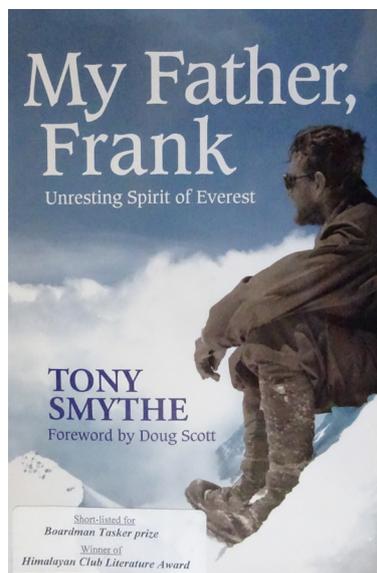
18 members turned out at Warton Main Quarry (top) on a fine sunny evening. Just three went climbing on the friendly little crag at Warton Pinnacle (below - Colin leading Flake and Wall (Sev, 4a) with Alan belaying; photo by Mick). The other 15 had a fine woodland walk and all of us met to finish off the evening with a pint at The Malt Shovel.



### My Father Frank: Unresting Spirit of Everest (Book Review)

Many of our members will be familiar with the books of Frank Smythe, probably this country's greatest climber between the Wars. He was certainly the best-known climber to the British public at that time, his writings and photographs turning the hitherto esoteric adventures of climbing and exploration into exciting reading for the lay person. In fact he was severely criticised by the Alpine Club for his 'bad taste' in making a living from such popularisation. His books still make great reading today. A copy of his best known work, *Spirit of the Hills*, was donated to the High House library some years ago.

Frank's son, Tony Smythe, lives in Staveley and he also is a climber, traveller and author. In 2013 he published *My Father Frank* which is a complete account of the life of one of mountaineering's greatest, and most enigmatic, characters. Tony has very kindly donated a copy to the club.



Those of us who are interested in our club's history will be pleased to find references to (and photographs of) the Somervell brothers in its pages (in 1923 Frank had a climbing holiday in the Dolomites with Howard and Leslie). More than this, though, the book provides a fascinating and very readable account of the man and his relationship with the world of climbers in those exciting times, his turbulent private life and especially his restlessness, his urge to always be out there in unmapped territory (unclimbed Alpine faces and unexplored Himalayan mountain ranges). Doug Scott wrote, "I started to read with eager anticipation and hardly stopped reading it until it

was read." I couldn't put it better myself and I recommend it to members without hesitation. The book will go to the High House library on my next visit but why wait till then to read it? Why not go and buy your own copy?

# KFF Club Events for July - October 2016

## July

**Tuesday 5th - Committee Meeting** at the Rifleman's Arms

### **Weekend 8th-10th - High House**

is booked for the Summer Quiet Weekend. Bar meal (optional) at the Scafell Hotel on Friday night where walk(s) will be planned for Saturday.

### **Tuesday 12th - Evening Walk**

Farleton Knott from Auction Mart. Approx. 3 hours. Meet 6.30 pm. Auction Mart car park (GR536 822). Leader Krysia Niepokojczycka 01539 60523

### **Wednesday 27th - Midweek Walk**

Barbon Fell via Bullpot Farm. 8 miles of fairly easy walking. 1000 ft. of ascent. Meet 10.30 am, parking in front of Barbon church (GR 6306 8242) Leaders Irene and Graham Ramsbottom 01539 725808

### **Weekend 29th-31st - Water Weekend**

Coniston Water. Camping at Coniston Hall Camp Site. 01539 441223. Please ring the campsite to book your place. Prices are £8 per adult; £4 per child and £2 per vehicle. There are no electric hook ups. Lots to do: either paddling on the water or walking in the hills. The Fellfarers flag should be flying to show you where to pitch your tent. Any queries contact Clare Fox 01539 727531

## August

**Tuesday 2nd - Committee Meeting** at the Rifleman's Arms

### **All Month - High House**

is booked for Fellfarers from Monday 1st August to Sunday 4th September, including:

### **Saturday 6th - Marshalling the Borrowdale Fell Race.**

If you can help out by being one of the team at each checkpoint, please let Peter Goff know asap. Tel: 01524 736990

### **Tuesday 16th - Evening Walk**

Ploverlands from Burton in Kendal. Easy 4-5 miles if we don't get lost. Meet at 6.30 pm at the Market Cross on Burton's main street (GR 530 764) Leader Clare Fox 01539 727531

### **Saturday 20th - Weekend Bike Ride**

10 miles (can be extended on day if people wish). Meet 1.30 pm at Force Bridge Sedgwick (GR 507 868) for a cycle ride of approx. Ride Leader (in the yellow jersey!) Roger Atkinson 01539 732490

### **Wednesday 24th - Midweek Walk**

Selside Pike from Swindale. 6 miles with 1700 ft of ascent. Approx. 6 hours. Meet at 10 am near Swindale Foot. Roadside parking (GR 522 142) Leader David Birkett 01539 738280

## September

**Tuesday 6th - Committee Meeting** at the Rifleman's Arms

### **Weekdays 12th-15th - High House**

is booked for the Summer Wine Team. All are welcome.

### **Weekend 16th-18th - High House**

is booked for the Working Weekend

### **Wednesday 28th - Midweek Walk**

Catrigg Force and Attermire Scar from Settle. Approx. 7 miles mostly on green lanes and paths (quite a few stiles!). Meet at 10 am on carpark beside Co-op store (GR 819 638) (£3.80 fee unless you can find free parking) Leader Frank Haygarth 01539 723948

### **Weekend 30th-2nd November - North Wales Meet**

The Oread Hut at Rhyd-Ddu. Booking essential. The charge is £5 per night for members and £9 per night for guests. 16 beds available. To book your place and for more information contact Hugh Taylor 01524 762067

*And don't forget: every Thursday evening is 'Climbing for All' Different local crags until mid September and then Kendal Climbing Wall throughout the winter. Why not come along and give it a try?  
Please contact Mike Palk 01524 736548*

## October

**Tuesday 4th - Committee Meeting** at the Rifleman's Arms

### **Sunday 9th - Weekend Walk**

High Cup Nick from Dufton. Meet 10.30 am in carpark in Dufton (GR NY 690 250) 1600 ft of ascent. Leader Maja While 01748 821834

### **Tuesday 11th - Slide Show**

'Fellfarers in Madeira'. Meet 7.30pm at the Strickland Arms. Guests welcome. Sandwiches provided.

### **Wednesday 19th - Midweek Walk**

The Howgills: Gaisgill and back. Nine miles with approximately 600 metres of ascent. Meet at 10 am near Carlingill Bridge (GR 624 995) Roadside parking. Leader Mike Walford 015395 52102

### **Week 24th-30th - High House**

is booked for Fellfarers for the Half-term holiday.

*This is not an official KFF event but is organised by some of our members to raise funds for their charity 'Friends of Roshni UK':*

### **Sunday 28th August - Cross Bay Walk**

Across Morecambe Bay from Arnside to Kents Bank, led by the Queen's Guide, Cedric Robinson. Cost £10 or free if you obtain sponsorship for the charity. Departs Arnside promenade at 1.30 pm.

For details or to enter contact Clare Fox on 01539 727531 or email: [clarefox50@hotmail.com](mailto:clarefox50@hotmail.com)

